Tips on Sub-Internship, Interviews and Match Process: Program Director Perspective

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SCHOOL OF MEDICINE

Basics…

- Use common sense

- You are a student…but you are looking for a job!

- Utilize available resources
  - Other applicants
  - Surgery trainees
  - Program Director/Faculty advisor

Sub-Internship – Home Institution

- Easiest starting point/familiarity

- Confirm your interest in the field/home program

- "First to show up and last to leave"
- Read up on patients ("if you don't know, look it up")
- Need 3 letters of recommendation (LOR)
  - Program Director
  - 2 more vascular surgeons??? (Chief, senior)

Sub-Internship – Away Rotations

- Usually do one or two at most (before 10/31)
- Contact programs to ensure availability
  - Talk to program coordinator, program director
  - Not all rotations are the same (main hospital)
- Plan on getting at least 1 LOR (before 9/15)
  - Make sure you have frequent interaction w/faculty
  - Talk to trainees of all levels (off-service)
  - Make an appointment with PD
  - Research project/case report
- It's a "3-4 week job interview" – days off?

Interviews

- Be realistic about your qualifications (USMLE, CV)
- More interviews ---> more $$$
- You will have to make some tough decisions early!

- Just be yourself
- Do a bit of research about the program
- Dress professionally, be courteous (to everyone)

- Be attentive, ask <u>good</u> questions
- The interview is over only after you have left town

Match Process

- Be realistic about your qualifications (USMLE, CV)
- Utilize your resources
- Make appointment to sit down w/PD-advisor

- VS is a small community (~60 positions)

- Make a timely decision
- Have people call on your behalf
- Identify your top program and TELL THEM!
    - P.S. there is only one program at #1

Final Words…

- Vascular surgery is an excellent career choice

- Always be yourself and use your common sense

- You are looking for a 5+ year job, put in the work to get a good one!

Thank You!